



Week Commencing 29th April 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEST OF BRITISH	<p>Traditional Chicken Kiev Served with crispy potato Cubes and baked beans or seasonal vegetables and gravy. Allergens: Gluten Milk</p> <p>Veggie Bangers and Mash served with seasonal vegetables and gravy. Allergens: Gluten Milk (H)</p>	<p>Traditional Steak Pie Served with seasonal vegetables and mashed potatoes. Allergens: Gluten Milk Egg (H)</p> <p>Veggie Quesadilla Served with seasonal vegetables and potatoes. Allergens: Milk Gluten (H)</p>	<p>Jumbo Battered Sausage Served with baked jacket wedges and baked beans or seasonal vegetables and curry sauce. Allergens: Gluten (SD)</p> <p>Asian Vegetarian Mezze Served with baked Jacket wedges and curry sauce. Allergens: Gluten Milk (H)</p> <p>Gluten Free Battered Fish</p>	<p>Traditional Roast Beef Served with seasonal vegetables roast potatoes Yorkshire Pudding and gravy. Allergens: Gluten Milk Egg</p> <p>Garlic Mushroom and Broccoli Tray Bake Served with roast potatoes. Seasonal vegetables and gravy Allergens: Gluten Egg Milk</p>	<p>Southern Baked Popcorn Chicken Served with chunky chips and salad Allergens: Gluten</p> <p>Quorn Chicken Nuggets Allergens: Gluten Soy</p>
TASTE OF THE MED	<p>Penne Napolitana Allergens: Milk Gluten Celery (H) Gluten free pasta available</p>	<p>Spaghetti Bolognese Allergens: Milk Gluten (H) Celery Gluten free pasta available</p>	<p>Creamy Chicken and Pepperoni Arrabiata Pasta bake Allergens: Milk Gluten Celery (H)</p>	<p>Macaroni Cheese Allergens: Milk Gluten Celery (H) Gluten free pasta available</p>	<p>Stone Baked Margarita or Pepperoni Pizza Allergens: Gluten Milk</p>
JET SETTERS	<p>Moroccan Style Chicken Tagine Comes with couscous or steamed rice. Allergens: Gluten Free Mustard Milk (H)</p>	<p>Cantonese Style Sweet and Sour Chicken Served with fried rice and prawn crackers. Allergens: Gluten Soy (H)</p> <p>Gluten Free Sweet and Sour Chicken</p>	<p>French Stick Pizza Served with Skin on fries salad and garlic mayo Allergens: Milk (H) Gluten</p>	<p>Chicken Dopiazza Curry Served with pilau rice and naan bread (G) Allergens: Mustard Milk Gluten Free (H)</p>	<p>Cheeseburger or Chicken Burger In a bun with chunky chips Allergens: Gluten Milk</p> <p>Plant Based Burger in a bun Allergens: Gluten</p>
COURTYARD CAFÉ	<p>Panini of the Day gl mk</p>	<p>Panini of the Day gl mk</p>	<p>Panini of the Day gl mk</p>	<p>Panini of the Day gl mk</p>	<p>Panini of the Day gl mk</p>
Fresh sandwiches	<p>A daily selection of fresh breads and choice of fillings</p>	<p>A daily selection of fresh breads and choice of fillings</p>	<p>A daily selection of fresh breads and choice of fillings</p>	<p>A daily selection of fresh breads and choice of fillings</p>	<p>A daily selection of fresh breads and choice of fillings</p>
Jacket Potato	<p>Jacket Potato Various fillings available</p>	<p>Jacket Potato Various fillings available</p>	<p>Jacket Potato Various fillings available</p>	<p>Jacket Potato Various fillings available</p>	<p>Jacket Potato Various fillings available</p>
Dessert	<p>A selection of tray bakes, cookies, fresh fruit and yoghurts</p>	<p>A selection of tray bakes, cookies, fresh fruit and yoghurts</p>	<p>A selection of tray bakes, cookies, fresh fruit and yoghurts</p>	<p>A selection of tray bakes, cookies, fresh fruit and yoghurts</p>	<p>A selection of tray bakes, cookies, fresh fruit and yoghurts</p>