## Week Commencing 22nd April 2024

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| BEST OF <br> BRITISH | Traditional Steak Slice Served with roast new potatoes and baked beans or Seasonal vegetables and gravy. Allergens: Gluten Milk <br> Veggie Sausage Roll served with new potatoes and baked beans or seasonal vegetables and gravy. Allergens: Gluten Milk (H) | Golden Fish Fingers <br> Crispy potato Wedges/baked beans <br> Allergens: Gluten Milk Fish <br> (H) <br> Mexican Style Plant Based Tacos <br> Served with potato spirals sour cream guacamole and salad. Allergens: Milk Gluten (H) <br> Gluten Free Fish Fingers | Traditional Beef Lasagne <br> Served with seasonal vegetables and potatoes. <br> Allergens: Milk Gluten (H) <br> Deep Fried Haloumi <br> Cherry Tomato Compote <br> seasonal vegetables and potatoes <br> Allergens: Gluten Milk (H) | Traditional Roast Pork Loin Served with seasonal vegetables potatoes Yorkshire Pudding and gravy. <br> Allergens: Gluten Milk Egg <br> Quorn Sausage Toad in The Hole <br> Served with roast potatoes. Seasonal vegetables Yorkshire pudding and gravy <br> Allergens: Gluten Egg Milk (H) | Southern Baked Popcorn Chicken <br> Served with chunky chips and salad <br> Allergens: Gluten <br> Quorn Chicken Nuggets Allergens: Gluten Soy |
| TASTE OF <br> THE MED | Penne Napolitana <br> Allergens: Milk Gluten Celery (H) Gluten free pasta available | Penne Carbonara Or Cheese and Tomato Pasta(H) Allergens: Milk Gluten Celery Gluten free pasta available | Spaghetti with Tomato and Basil Pesto <br> Allergens: Milk Gluten Celery <br> (H) <br> Gluten free pasta available | Macaroni Cheese Allergens: Milk Gluten Celery (H) Gluten free pasta available | Stone Baked Margarita or Pepperoni Pizza <br> Allergens: Gluten Milk |
| $\begin{aligned} & \text { JET } \\ & \text { SETTERS } \end{aligned}$ | Singapore Style Chicken Noodles <br> Comes with Prawn crackers. <br> Allergens: Gluten Soy Mustard (H) <br> Thai Green Chicken Curry Steamed rice. <br> Allergens: Fish Mustard Milk (H) Gluten Free | Sticky Korean Pork <br> Tender Pork Chunks finished in a honey and soy glazed. Served with fried rice. <br> Allergens: Gluten Free Soy | Mixed Kebab <br> Beef and Lamb kofte. With Chicken Shawarma Served in a wrap with chilli sauce garlic mayo rice and salad. Allergens: Gluten Mustard Milk (H) | Chicken Tikka Makhani <br> Served with pilau rice. comes with naan bread (G) Allergens: Mustard Milk Gluten Free (H) | Cheeseburger or Chicken Burger In a bun with chunky chips Allergens: Gluten Milk <br> Plant Based Burger in a bun Allergens: Gluten |
| COURTYARD CAFE | Panini of the Day gl mk | Panini of the Day gl mk | Panini of the Day gl mk | Panini of the Day gl mk | Panini of the Day gl mk |
| Fresh sandwiches | A daily selection of fresh breads and choice of fillings | A daily selection of fresh breads and choice of fillings | A daily selection of fresh breads and choice of fillings | A daily selection of fresh breads and choice of fillings | A daily selection of fresh breads and choice of fillings |
| Jacket <br> Potato | Jacket Potato <br> Various fillings available | Jacket Potato <br> Various fillings available | Jacket Potato Various fillings available | Jacket Potato <br> Various fillings available | Jacket Potato <br> Various fillings available |
| Dessert | A selection of tray bakes, cookies, fresh fruit and yoghurts | A selection of tray bakes, cookies, fresh fruit and yoghurts | A selection of tray bakes, cookies, fresh fruit and yoghurts | A selection of tray bakes, cookies, fresh fruit and yoghurts | A selection of tray bakes, cookies, fresh fruit and yoghurts |

