



CURRICULUM INTENT

PSHE (Personal, Social, Health and Economic) education is an essential part of every student's education at Benton Park. It gives young people access to critical information about themselves and an understanding of the diverse world around them, giving them a toolkit in which to keep themselves safe, respect others and enable them to access great learning, success and opportunity within school and beyond. We aim to enable students to develop a deepening knowledge of their health and wellbeing, including their mental and physical health. We equip our students with inclusive knowledge, skills and values to understand and to be able to cope with physical and emotional changes as well as develop a strong understanding of healthy relationships (including sex education). Students are provided with opportunities to reflect on, clarify their own values and attitudes, and aspire to be responsible, happy and successful adults. The information provided is relevant and appropriate to the age and maturity of pupils.

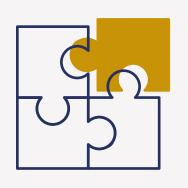
At Benton Park School, we agree that Personal, Social, Health, and Economic Education is an integral part of the curriculum we provide. We ensure that all students receive PSHE guidance throughout their time at our school, as it is part of our core curriculum offer in Years 7-11 and into Key Stage 5, where this is delivered through Student Continued Professional Development time, which has a particular focus on careers and British Values. We know that in order to create a climate for great learning, success and opportunity, the PSHE curriculum needs to underpin all other subjects within our school. Some elements of the guidance, which was statutory from September 2020, are delivered through PSHE as well as other areas of the curriculum such as Science, Religious Studies and Computer Science. Some content may also be covered during Form Time, A4A, assemblies and external speakers where possible.

BENTON PARK SCHOOL VALUES

PSHE students:



• Students show **resilience** through critical discussions around key topics, including those of discrimination, respect, health and wellbeing and relationships.



 Students collaborate throughout their lessons, working in pairs and groups to discuss, debate and question key ideas.



and respectful in every lesson, asking questions to understand more about themselves as individuals and each other.

Students **endeavour** to be tolerant



 Students show compassion through case studies and examples of a wide variety of people, backgrounds and situations, helping them to develop tolerance, respect and an inclusive attitude to each other.



 The PSHE curriculum is designed to inspire students by discovering how students can live physically and mentally healthy lives in a global community based on a firm foundation of safe and responsible relationships.

