



## Week Commencing 18<sup>th</sup> July 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEST OF BRITISH	<p><b>Build your own Jacket Bar</b> Select up to 3 fillings from a choice of chilli, baked beans tuna mayo, cheese, butter or coleslaw <b>gl mk sd fsh</b></p>	<p><b>Trattoria Pizza slice</b> Choose from a choice of Margarita or pepperoni Served with baked jacket wedges, salad and coleslaw <b>gl mk</b></p>	<p><b>Tandoori Chicken Thigh</b> Served with Bombay potatoes, onion bhajis, salad, Asian slaw and yoghurt riata <b>mst gl mk</b></p> <p><b>Vegetarian Mezze</b> Served with baked jacket wedges and salad <b>gl mk</b></p>	<p><b>Hot Roast Pork Sandwich</b> Served with sage and onion stuffing roast potatoes and gravy <b>gl mk</b></p> <p><b>Spanish Omelette</b> Served with hand cut chips coleslaw and salad <b>eg mst</b></p>	
TASTE OF THE MED	<p><b>Penne Napolitana</b> Penne pasta tossed in a rich tomato sauce with fresh basil and a splash of cream Served with salad and garlic bread <b>gl mk</b></p>	<p><b>Spaghetti Bolognese</b> A delicious slow cooked minced beef ragout from Bologna made with chopped plum tomatoes and fresh Italian herbs Served with salad and garlic bread</p> <p><b>Meat Free Spaghetti Bolognese</b> <b>gl mk</b></p>	<p><b>Farfalle pasta with Broccoli and Salmon</b> Butterfly pasta shapes tossed in a parmesan cream sauce, with fresh salmon, broccoli and basil Served with salad and garlic bread <b>gl mk</b></p>	<p><b>4 Cheeses Pasta Bake</b> Pasta shells tossed in tomato sauce topped with cheddar parmesan feta and Buffalo mozzarella Served with salad and garlic bread <b>gl mk</b></p>	
JET SETTERS	<p><b>Quarter Pound Cheese Burger</b> Served with jacket wedges salad and coleslaw <b>gl mk</b></p> <p><b>Quarter Pound Veggie burger</b> Served with jacket wedges and coleslaw <b>gl mk</b></p>	<p><b>Foot Long Dog</b> Served in a soft hot dog roll with a choice of various toppings and baked jacket wedges <b>gl mk sd</b></p> <p><b>Plant based Hot Dog</b> Served in a soft hot dog roll with a choice of various toppings and baked jacket wedges <b>gl mk</b></p>	<p><b>Baked Buttermilk Chicken Breast</b> Served with baked French fries salad and coleslaw <b>gl mk sd</b></p> <p><b>Mexican Style Cheesy Nachos</b> Comes with French fries <b>gl mk sd</b></p>	<p><b>Chicken Tikka Masala</b> Chicken breast pieces simmered in a creamy yoghurt and tomato sauce with Masala spices Served with Pilau rice and Naan bread <b>gl mk mst</b></p>	
COURTYARD CAFE	<b>Panini of The Day</b>	<b>Panini of The Day</b>	<b>Panini of The Day</b>	<b>Panini of The Day</b>	
Fresh sandwiches	A daily selection of fresh breads and choice of fillings	A daily selection of fresh breads and choice of fillings	A daily selection of fresh breads and choice of fillings	A daily selection of fresh breads and choice of fillings	
Jacket Potato	<b>Jacket Potato</b> Various fillings available	<b>Jacket Potato</b> Various fillings available	<b>Jacket Potato</b> Various fillings available	<b>Jacket Potato</b> Various fillings available	
Dessert	A selection of tray bakes, cookies, fresh fruit and yoghurts	A selection of tray bakes, cookies, fresh fruit and yoghurts	A selection of tray bakes, cookies, fresh fruit and yoghurts	A selection of tray bakes, cookies, fresh fruit and yoghurts	